Neve. 1639.

A New Almanack, and Prognostication, with the forraigne Computation, serving for the yeere of our Lord God, and *Saviour Iesus Christ*.

1639.

Being the third after the Bissextile or Leape-yeere.

Rectified for the Elevation of the Pole Artike, and Meridian of the ancient and famous City of *Norwich*.

And may serue generally for the most parts of great *Britaine*.

Practised Penned, and published by *Iohn Neve*, Gentleman.

LONDON.

Printed by *I. D.* for the Company of *Stationers*.

The common Notes, and moveable Feasts for this present yeere, 1639.

Old Iulian accompt.			New Gregorian accompt.
	6	The Golden Number.	6
	24	The Circle of the Sun.	14
	6	The Epact.	26
	7	The Roman Indiction	7
	E	The Dominicall letter	B
Febtuary	24	Shroveſunday.	6 March.
Aprill	14	Eaſter day	24 Aprill.
May	19	Rogation Sunday.	29 May.
May	23	Aſcention day.	2 June.
June	2	whitſunday.	12 June.
June	9	Trinitie ſunday.	19 June.
December	1	Advent ſunday.	27 Novemb.

Ember dayes.

March 6, 8, and 9		March 16, 18, and 19
June 5, 7, and 8,		June 15, 17, and 18
Septemb. 18, 20, 21		September 21, 23, 24.
December 18, 20, 21,		December 14, 16, & 17

The times wherein matrimony is prohibited by the Church.

From the beginning of the yeere untill Ianuary 13.
From Febtuary 10, untill April 21.
From May 10, untill Iune 9.
From December 1, to the end of the yeere.

A briefe Computation of time compleat to this preſent yeere, 1639.

Since the creation of the world,	5631
Since the Flood.	3976
Since the birth of *Abraham*	3679
Since the deſtruction of *Sodom*	3580
Since the *Iſraelites* departed out of *Egypt*.	3174
Since the deſtruction of *Troy*	2823
Since *London* was built	2747
Since *York* was built	2605
Since *England* received the Chriſtian Faith	1458
Since *Durham* was built	644
Since the Conqueſt of *England* by Duke *William* of *Normandy*.	573
Since the miraculous ſinking of the three pits at *Oxenhall* neere *Darlington*, called *Hell kettles*	459
Since the famous battell at *Neuils* Croſſe neere *Durham*.	293
Since the invention of Gunnes	259
Since the building of the Bridge at *Aukland* by *Walter Skirlaw* Biſhop of *Durham*	239
This Biſhop alſo builded the *Galilee* at the end of the Cathedrall Church of *Durham* and transferred thither the Tombe of Venerable *Bede*.	
Since Printing invented	180
Since *Bulloigne* conquered by K. *Henry* 8.	95
Since the Rebellion of the Earles of *Northumberland* and *Weſtmerland*	70
Since Tilbury Campe	51
Since the Gun-powder Treaſon	34
Since the great Froſt	31
Since his Majeſties returne from *Spain*	16
ince the birth of our noble Prince *Charles* May 1630.	29
ince the great fire upon *London* Bridge	9
ince the laſt great Snow	6
	4

The Anatomie of Mans Body, as the *parts thereof are governed by the twelue Signes.*

♈ Head and face.

♉ Necke and throat.

♋ Breast, stomacke, and ribs.

♍ Bowels and belly.

♏ Secret members.

♑ Knees.

♊ Armes and shoulders.

♌ Heart and backe.

♎ Reines and loynes.

♐ Thighes.

♒ Legs.

♓ the Feete.

The Characters of the seuen Planets, with their Aspects.

♄ Saturne, ♃ Iupiter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercurie, ☾ Luna.

☌ Coniunction, ⚹ Sextile, □ Quartile, △ Trine, ☍ Oppositiõ.

If thou be sicke and helpe wouldst haue,
The counsell of the learned craue
If thou haue health to keepe thee so,
Fly idleneſſe as deadlie foe.

1	a	Cir. of Christ	aries	11	11	d	☽ First quarter the 2. day 53. min. after 9. in the forenoone.
2	b	Octa. Steph.	aries	23	12	e	
3	c	Octa. Iohn.	tau.	5	13	f	
4	d	Octa. Inno.	tau.	18	14	g	
5	e	Edward dep.	gem.	1	15	a	
6	f	Epiphanie	gem.	14	16	25 b	
7	g	Felix & Ian.	gem.	28	17	c	
8	a	Lucian.	can.	13	18	d	○ Full moone the 9 day, 38 min. past 2 in afternoone.
9	b	Ioyce Virg.	can.	27	19	e	
10	c	Sol in Aquar.	leo	12	20	f	
11	d	Paul 1. her.	leo	27	21	g	
12	e	Linus.	vir.	12	22	a	
13	f	Wed. comes in	vir.	27	23	25 b	
14	g	Hillary Wilh.	libra	12	24	c	
15	a	Maurice.	lib.	26	25	d	☾ Last quarter the 16 day 48. min. past 5. morning.
16	b	Marcell.	scor.	9	26	e	
17	c	Anthony.	scor.	23	27	f	
18	d	Prisca.	sag.	6	28	g	
19	e	Octabis Hil.	sag.	18	29	a	
20	f	2 Sun. at Epiph	capri.	2	30	25 b	
21	g	Agnes.	capri.	13	31	c	
22	a	Vincent.	capri.	26	1	d	February. Purif. of Ma.
23	b	Terme begin	aqua.	8	2	e	
24	c	Tim. of the	aqua.	20	3	f	
25	d	Ton of Paul	pisc.	2	4	g	● New moon the 23 day at 11. a clocke at night.
26	e	Quind Hillary	pisc.	14	5	a	
27	f	3 Sun. af. Epiph	pisc.	25	6	25 b	
28	g	Theod. virg.	aries	7	7	c	
29	a	Valerius.	aries	19	8	d	
30	b	Batild que,	tau.	1	9	e	
31	c	Saturne.	tau.	14	10	f	

February hath xxviij. dayes.

Be choise of food in any wise,
To keepe thee warm also precise:
Beware no Surgeon let thee blood,
Except the learned thinke it good.

1	d	Fast	tau.	26	11	g	☽ First quar-
2	e	Purif. Mary.	gem.	9	12	a	ter the 1. day,
3	f	4 Sun. af. Epi.	gem.	23	13	B	31. min. after
4	g	Crastino Purif	can.	6	14	c	3. of the clock
5	a	Agathe.	can.	21	15	d	in morning.
6	b	Ueda & Am.	leo	5	16	e	
7	c	Angule. bish.	leo	21	17	f	○ Ful moone
8	d	Paul bishop	vir.	6	18	g	the 8 day, at
9	e	Apollina	vir.	21	19	a	1 of the clock
10	f	Sol in Pisces.	lib.	6	20	B	in morning.
11	g	Euphrasti.	lib.	21	21	c	
12	a	Terme ends:	scor.	5	22	d	
13	b	Wolstan.	scor.	19	23	e	
14	c	Valentine.	sag.	2	24	f	Mathias Apo.
15	d	Julian.	sag.	15	25	g	
16	e	Faustine.	sag.	28	26	a	☾ Last quar-
17	f	Sexages.	cap.	10	27	B	ter the 14. day
18	g	Simeon	cap.	23	28	c	51. min. af-
19	a	Sabine.	aqua.	5	1	d	ter 5. a clock
20	b	Mildred.	aqua.	17	2	e	at night.
21	c	70. Mart.	aqua.	29	3	f	March 1639.
22	d	Peters chair	pis.	10	4	g	
23	e	Fast	pis.	22	5	a	○ New moon
24	f	S. Mathias.	aries	4	6	B	the 22. day, a-
25	g	S. Paul.	aries	16	7	c	bout 6 of the
26	a	Nestor.	aries	28	8	d	clocke night.
27	b	Augustine.	tau.	11	9	e	
28	c	Oswald.	tau.	23	10	f	

March hath xxxj dayes.

Now bleed and Bathe if thou desire,
And purge also if need require:
Ill humors doe in many breed,
Provide in time before thou need.

1	d	Dauid bish.	gem.	6	11	g	
2	e	Chad bish.	gem.	18	12	a	
3	f	1. Sund. Lent	can.	1	13	B	☽ First quarter the 2. day 45. min. after 5. afternoone.
4	g	Wed goes out.	can.	15	14	c	
5	a	Focas & Eu	can.	29	15	d	
6	b	Ember weeke	leo.	14	16	e	
7	c	Perpetua.	leo.	29	17	f	
8	d	40 Mart.	vir.	14	18	g	
9	e	Agapete	vir.	19	19	a	
10	f	Sol in Aries.	lib.	14	20	B	● Full moone the 9. day, 49. min. after 9. in afternoone
11	g	Gregory.	lib.	29	21	c	
12	a	Theodore.	scor.	14	22	d	
13	b	Candide.	scor.	28	23	e	
14	c	Longine.	sag.	11	24	f	
15	d	Boniface,	sag.	24	25	g	Anun. of Mary
16	e	Gertrude.	cap.	7	26	a	
17	f	Patrick.	cap.	20	27	B	☾ Last quarter the 16. day about 8. in the morning.
18	g	K. Edward.	aqua.	2	28	c	
19	a	Jos. Ma. hus.	aqua.	14	29	d	
20	b	Cuthbert.	aqua.	25	30	e	
21	c	Benedict.	pis.	7	31	f	
22	d	Aphrodose.	pis.	19	1	g	April 1639.
23	e	Theodore,	aries	1	2	a	
24	f	Fast	aries	13	3	B	● New moon the 24. day 46. min. after 11. in forenoone.
25	g	Anun. of Ma	aries	25	4	c	
26	a	Dorothy	taur.	8	5	d	
27	b	Init. regis Car	taur.	20	6	e	
28	c	Castor.	gem.	3	7	f	
29	d	Quintine	gem.	15	8	g	
30	e	Quirine	gem.	28	9	a	
31	f	Adelma.	can.	12	10	B	

Aprill hath xxx. dayes.

Now wholsome Bathes thou mayst frequent,
Let blood also and not repent,
These be good meanes thee to defend,
From griefes the which on thee ascend.

1	g	Gilbard.	can.	25	11	c		☽ First quarter the 1 day about 4. in morning.
2	a	Mary Egypt.	leo	9	12	d		
3	b	Richard.	leo	23	13	e		
4	c	Ambrose.	virgo	8	14	f		
5	d	Vincent.	virgo	23	15	g		
6	e	Sixtus.	lib.	8	16	a		
7	f	Palme 3und	lib.	23	17	b		● Ful moon the 7. day, 50 min. past 6 at night.
8	g	Egesippus.	scor.	8	18	c		
9	a	Perpetuus.	scor.	22	19	d		
10	b	Sol in Taur.	sagit.	6	20	e		
11	c	Julius	sagit.	20	21	f		☾ Last quarter the 14 day at midnight.
12	d	Zenon.	capr.	3	22	g		
13	e	Vitus.	capr.	18	23	a		
14	f	Easter day.	cap.	28	24	b		Easter day.
15	g	Judoze.	aqua.	10	25	c		Marke Evan.
16	a	Tesmy.	aqu.	22	26	d		
17	b	Eleuther.	pis.	4	27	e		
18	c	Tyrhage.	pisces	16	28	f		● New moon the 23 day 54 min past 2 in the morne.
19	d	Victor.	pis.	28	29	g		
20	e	Simeon.	aries	10	30	a		
21	f	Wed comes in	aries	22	1	b		
22	g	Sother.	tau.	4	2	c		May 1639.
23	a	Georg. Mar.	tau.	17	3	d		
24	b	Wilfrid.	tau.	29	4	e		
25	c	S. Marke.	gem.	12	5	f		
26	d	Cleta.	gem.	25	6	g		☽ First quarter the 30. day 10. mi. past 11 fore noone
27	e	Anastatius	can.	9	7	a		
28	f	2. Sun af. East.	can.	22	8	b		
29	g	Quind. Pasch.	leo	6	9	c		
30	a	Erkenwald.	leo	19	10	d		

May hath xxxj. dayes.

Rise early now this moneth of May,
And walke the fields that be so gay:
From surfeting see thou refraine,
For soone it will procure thy paine.

1	b	Terme begin	Phil. & Ia.		11	e	
2	c	Athanasius.	vir.	18	12	f	● Ful moon
3	d	Richard bish.	libra	2	13	g	the 7. day, 54.
4	e	Christopher.	libr.	17	14	a	mi past 3. of
5	f	Goddard.	scor.	1	15	b	the clocke in
6	g	Tres Pasch.	scor.	16	16	c	the morning.
7	a	Iohn Beverly.	sag.	0	17	d	
8	b	Ap. Mich.	sag.	14	18	e	
9	c	Nicholas.	sag.	28	19	f	☾ Last quar=
10	d	Gordian.	cap.	11	20	g	ter the 14 day
11	e	Sol in Gem.	cap.	24	21	a	55 mi. past 4.
12	f	Seruatius.	aqua.	6	22	b	of the clocke
13	g	Mense Pasch.	aqua.	18	23	c	in the after=
14	a	Boniface.	pisc.	0	24	d	noone.
15	b	Bernard.	pisc.	12	25	e	
16	c	Dioscorides.	pisc.	24	26	f	
17	d	Bernardine.	aries	6	27	g	● New moon
18	e	Dunstan.	aries	18	28	a	the 22 day. 49
19	f	Rogat. Sund.	tau.	0	29	b	min. past 3. af=
20	g	Quin. Pasch:	taur.	12	30	c	ternoone.
21	a	Helen queen	tau.	25	31	d	
22	b	Iulian	gem.	8	1	e	Iune 1639.
23	c	Ascention day	gem.	21	2	f	
24	d	Adelme.	can.	5	3	g	
25	e	Augustine.	can.	18	4	a	☽ First quar=
26	f	Bede.	leo	2	5	b	ter the 29 day
27	g	Terme ends	leo	16	6	c	13 min. past 4
28	a	Coronia.	vir.	0	7	d	in the after=
29	b	Nativit. p. Car	vir.	14	8	e	noone.
30	c	Petronell.	vir.	29	9	f	
31	d	Nerius.	lib.	13	10	g	

Iune hath xxx. dayes.

Drinke new or sweet, tast not at all,
For thereby growes no danger small.
And to thy selfe such pastime take,
As may in God thee merry make.

1	e	Nichomed.	lib.	27	11	a	
2	f	Whit-sunday.	scor.	11	12	b	
3	g	Erasmus.	scor.	25	13	c	● Full moone
4	a	Petrocius.	sag.	9	14	d	the 5. day, 8.
5	b	Ember weeke	sag.	22	15	e	min. after 2.
6	c	Wolstan.	cap.	6	16	f	in afternoone.
7	d	Medard.	cap.	19	17	g	
8	e	William conq	aqu.	2	18	a	☾ Last quar-
9	f	Trinitie Sund	aqu.	14	19	b	ter the 13 day
10	g	Crast. Trin.	aqu.	26	20	c	12. min. after
11	a	Barnabe.	pisces	8	21	d	10. forenoone.
12	b	Sol in Cancer	pis.	20	22	e	
13	c	Corp. Christi	aries	2	23	f	
14	d	Terme begin	aries	14	24	g	Iohn Baptist.
15	e	Modestus.	aries	26	25	a	
16	f	1 Sun. af. Trin	taurus	8	26	b	● New moon
17	g	Octa. Trin.	tau.	20	27	c	the 21 day 35
18	a	Marcelline.	gem.	3	28	d	min. after 2.
19	b	Geruase.	gem.	16	29	e	in morning.
20	c	Transf. Edward	can	0	30	f	
21	d	Walburge.	can.	14	1	g	Iuly. 1639.
22	e	Quinden Trin.	can.	28	2	a	
23	f	Fast	leo	12	3	b	
24	g	S. Iohn bapt.	leo.	27	4	c	
25	a	Elegius.	virgo	11	5	d	☽ First quar-
26	b	Iohn & Paul	virgo	25	6	e	ter the 27 day
27	c	Crescens.	lib.	9	7	f	52. min. after
28	d	Fast	lib.	24	8	g	8. at night.
29	e	S. Peter	scor.	7	9	a	
30	f	3 Sun. af. Trin.	scor.	21	10	b	

Iuly hath xxxj dayes.

Perfume thy house with savours sweete,
But such as are for purpose meet:
Abroad as thou in streets dost goe,
Defend thy selfe from stincks also.

1	g	Oct. Io. Bapt	sag.	5	11	c		
2	a	Visit. of Ma	sag.	18	12	d		
3	b	Terme ends.	cap.	1	13	e	● Full moone	
4	c	Marine Trini	cap.	14	14	f	the 5 day. 41.	
5	d	Zor Virg.	cap.	27	15	g	min. after one	
6	e	Oct. Peter.	aqua.	10	16	a	in the morne.	
7	f	4 Sun af. Trin	aqua.	22	17	♋		
8	g	Grimbald.	pis.	4	18	c		
9	a	Cyrill bish.	pis.	16	19	d	☾ Last quar-	
10	b	7 Brethren.	pis.	28	20	e	ter the 13. day	
11	c	Wenedict.	aries	10	21	f	day about 3.	
12	d	Nab & Felix.	aries	22	22	g	in morning.	
13	e	Sol in Leo.	tau.	4	23	a		
14	f	5 Sun af. Trin.	tau.	16	24	♋		
15	g	Swithin.	tau	28	25	c	Iames Apost.	
16	a	Osmond.	gem.	11	26	d		
17	b	Kenelme.	gem.	24	27	e	● New moon	
18	c	Vrsulph.	can.	8	28	f	the 20. day 27	
19	d	Dog daies beg	can.	22	29	g	min. after 11,	
20	e	Margaret.	leo	7	30	a	forenoone.	
21	f	6 Sun af. Trin.	leo	21	31	♋		
22	g	Mary Mag.	vir.	6	1	c	August. 1639.	
23	a	Apoline.	vir.	21	2	d		
24	b	Fast	lib.	6	3	e		
25	c	S. Iames.	lib.	20	4	f	☽ First quar-	
26	d	An. Ma. Mo	scor.	4	5	g	ter the 27. day	
27	e	7 Sleepers.	scor.	18	6	a	24. min after	
28	f	7 Sun af. Trin.	sag.	2	7	♋	2 of the clock	
29	g	Felix.	sag.	14	8	c	in morning.	
30	a	Abdon.	sag.	28	9	d		
31	b	Germen.	capr.	11	10	e		

Auguſt hath xxxj. dayes.

As burning heat will thee deſtroy,
So ſhivering cold will thee annoy:
Let little ſleepe thee now content,
Purge not nor bleed leſt thou repent.

1	c	Lammas day.	capri.	23	11	f		
2	d	Stephen.	aqua.	6	12	g		
3	e	Inuen. Step	aqu.	18	13	a	● Full moone	
4	f	8. Sun. af. Trin	piſc.	0	14	b	the 3. day 9.	
5	g	Oſwold.	piſc.	13	15	c	min. paſt 3.	
6	a	Chriſt Tranſ.	piſc.	25	16	d	afternoone.	
7	b	Feaſt of Jeſ.	aries	6	17	e		
8	c	Ciriack.	aries	18	18	f		
9	d	Roman.	taurus	0	19	g	☾ Laſt quar=	
10	e	Laurence.	tau.	12	20	a	ter the 11. day	
11	f	9 Sun af. Trin	tau.	24	21	b	52. min. paſt	
12	g	Clare.	gem.	7	22	c	6 at night.	
13	a	Sol in Virgo.	gem.	19	23	d		
14	b	Hippolite.	can.	2	24	e	Barth. Apoſt.	
15	c	Euſebius.	can.	16	25	f		
16	d	Aſſump. Mar.	leo	0	26	g		
17	e	Octa Laur.	leo	15	27	a	● New moon	
18	f	10 Sun. af Tri.	vir.	0	28	b	the 18 day, 22	
19	g	Magnus.	vir.	15	29	c	min. paſt 7. at	
20	a	Lewis.	vir.	29	30	d	at night.	
21	b	Bernard.	lib.	15	31	e		
22	c	Pius natus.	ſcor.	0	1	f	September.	
23	d	Faſt	ſcor.	14	2	g		
24	e	S. Barth. Apo.	ſcor.	28	3	a		
25	f	11 Sun. af. Tri	ſag.	12	4	b		
26	g	Dog dayes end	ſag.	25	5	c	☽ Firſt quar=	
27	a	Ruffine.	capri.	8	6	d	ter the 25 day	
28	b	Auguſtine.	capri.	20	7	e	35. after 10 of	
29	c	Iohn behead.	aqua.	3	8	f	clock in the	
30	d	Felix & And.	aqua.	15	9	g	morning.	
31	e	Lathburg.	aqua.	27	10	a		

September hath xxx. dayes.

Raw fruit though ripe may ſickneſs bring,
Vnripe much eaten, a dangerous thing:
If now a ſurfet thou doſt take,
When others ſleepe then thou muſt wake.

1	f	12 Sun. af. Tri.	piſ.	9	11		
2	g	Anthony.	piſc.	21	12		
3	a	Gregory.	aries	3	13		
4	b	Cuthbert.	aries	15	14		
5	c	Bertine.	aries	27	15		
6	d	Eugenius.	tau.	9	16		
7	e	Eliza. borne.	tau.	21	17		
8	f	Nat Mary.	gem.	3	18		
9	g	Hilarius.	gem.	15	19		
10	a	Nicholas.	gem.	28	20		
11	b	Gorgonius	can.	11	21		
12	c	Matthias	can	25	22		
13	d	Sol in Libra.	leo	9	23		
14	e	Holy Croſſe	leo	23	24		
15	f	14 Sun. af. Tri.	virgo	8	25		
16	g	Edith.	virgo	23	26		
17	a	Hugh.	lib.	8	27		
18	b	Ember weeke	lib.	24	28		
19	c	Januar.	ſcor.	9	29		
20	d	Fast	ſcor.	23	30		
21	e	S. Mathew.	ſag.	7	1		
22	f	15 Sun. af. Trin	ſag.	21	2		
23	g	Maurice.	cap.	4	3		
24	a	Tecla.	cap.	17	4		
25	b	Andoche.	aqua.	0	5		
26	c	Maurily.	aqua.	12	6		
27	d	Cyprian.	aqua.	24	7		
28	e	Cyprianus	piſ.	6	8		
29	f	Michael Arch.	piſ.	18	9		
30	g	Hierome.	aries	0	10		

○ Full moone the 2. day 36 min. paſt 6 in morning.

☾ Laſt quarter the 10 day about 9 in the morne.

Mathew Apo.

● New moon the 17 day 25 min. paſt 3. of the clocke in morn.

October.

☽ Firſt quarter the 23 day about 10 of the clocke at night.

October hath xxxj. dayes.

Warme clothes must now provided be,
Also warme meates be good for thee:
Haue good regard thy feet be dry,
Thou shalt avoid much harme thereby.

1	a	Remigius.	aries	12	11	b	Ful moone
2	b	Leodegarius.	aries	24	12	g	the 1 day, 44.
3	c	Candide.	tau.	6	13	f	min. after 11.
4	d	Franc. Confes.	tau.	18	14	g	at night.
5	e	Apollinaris.	gem.	0	15	a	
6	f	Faith.	gem.	12	16	b	☾ Last quar=
7	g	Octa. Mich.	gem.	25	17	c	the 9. day a=
8	a	Pelagius.	can.	7	18	d	bout 9. at
9	b	Terme begins	can.	21	19	e	night.
10	c	Gereon.	leo	4	20	f	
11	d	Nicas. bish.	leo	17	21	g	● New moon
12	e	Wilfrid.	virgo	2	22	a	the 14. day 27
13	f	Quin Mich.	vir.	17	23	b	min. aft. high
14	g	Sol in Scorpio	lib.	2	24	c	noone.
15	a	Wolfran.	lib.	17	25	d	
16	b	Michael.	scor.	2	26	e	
17	c	Ethelred.	scor.	17	27	f	
18	d	S. Luke.	sag.	2	28	g	Simon & Iude.
19	e	Frideswide	sag.	16	29	a	☽ First quar=
20	f	Tres Mich.	cap.	0	30	b	ter the 22 day
21	g	Xi. Virg.	cap.	13	31	c	15. min after
22	a	Mary Sol.	cap.	26	1	d	one in after=
23	b	Magloz.	aqua	9	2	e	noone.
24	c	Chrispin.	aqua	21	3	f	November.
25	d	John Transf.	pis.	3	4	g	● Full moon
26	e	Ursula.	pis.	15	5	a	the 31. day, 29
27	f	Fast	pis.	27	6	b	min. after 5.
28	g	Simon & Iude	aries	9	7	c	at night.
29	a	Narcissus.	aries	21	8	d	
30	b	Germans.	tau.	3	9	e	
31	c	Fast	tau.	15	10	f	

November hath xxx. dayes.

If Rheumes doe now moleſt thy head,
It is not ill to ſweate in Bed:
Feed on good meates if ſtomacke ſerue,
Elſe ſeeke for that which doth preſerue.

1	D	All Saints.	tau.	27	11	g	
2	e	All Soules.	gem.	9	12	a	
3	f	21 Sun. af. Tri.	gem.	21	13	c	☾ Laſt quar=
4	g	Craſt. Animar	can.	5	14	d	ter the 8. day
5	a	Powder plot	can.	18	15	e	17. min. after
6	b	Leonard.	leo	1	16	f	7. in the morn
7	c	Willibrode.	leo	14	17	g	
8	d	Theodote	leo	28	18	a	● New moon
9	e	4 Crowned.	virgo	12	19	b	the 14 day 11
10	f	22 Sun. af Tri=	vir.	26	20	c	min. after 11.
11	g	Martine.	lib.	11	21	d	at night.
12	a	Craſt. Mart.	lib.	26	22	e	
13	b	Sol in Sagit.	ſcor.	10	23	f	☽ Firſt quar=
14	c	Brice.	ſcor.	25	24	g	ter the 23 day
15	d	Erminwald.	ſag.	10	25	a	at 8. in morn.
16	e	Macute.	ſag.	24	26	b	
17	f	23 Sun. af. Tri.	cap.	8	27	c	Advent Sund.
18	g	Octabis Mart	capri.	21	28	d	
19	a	Nat. Caro. reg	aqu.	4	29	e	
20	b	Edmund K.	aqua.	17	30	f	Andrew Apo.
21	c	Pꝛeſ. of Ma	aqu	29	1	g	December.
22	d	Cicely Virg.	piſ.	11	2	a	
23	e	Clement.	piſ.	23	3	b	
24	f	24 Sun. af. Tri.	aries	5	4	c	● Ful moone
25	g	Quin. Mart.	aries	17	5	d	the 30. day 12
26	a	Linus	aries	29	6	e	min. aft. 11. of
27	b	Agricola.	tau.	11	7	f	the clocke in
28	c	Terme ends.	tau.	23	8	g	morning.
29	d	Faſt	gem.	6	9	a	
30	e	S. Andrew.	gem	18	10	b	

December hath xxxi. dayes.

Now cold December is come in,
And poore mans backe is clothed thin:
Feed and clothe them as you may,
The Lord will it threefold repay.

1	f	Advent Sund.	can.	1	11	☾	Last quar=
2	g	Bibiana.	can.	14	12	c	ter the 7. day
3	a	Dionice.	can.	28	13	d	about 4 of the
4	b	Barbara.	leo.	11	14	e	clock at night
5	c	Sabb. abbot	leo.	25	15	f	
6	d	Nichol. bish.	virgo	9	16	g	● New moon
7	e	Ambrose bi.	vir.	23	17	a	the 14. day at
8	f	Concept. Mar.	lib.	7	18	b	12 at noone.
9	g	Damasus.	lib.	21	19	c	
10	a	Eulalie.	scor.	5	20	d	☽ First quar=
11	b	Paul bish.	scor.	20	21	e	ter the 12 day
12	c	Sol in Capri.	sag.	4	22	f	31. min. past
13	d	S. Lucie.	sag.	18	23	g	5. in the mor=
14	e	Othilie.	capri.	2	24	a	ning.
15	f	3 Sun ad. Adv	cap.	16	25	b	Christmas da.
16	g	O Sapientia.	cap.	29	26	c	S. Stephen.
17	a	Lazarus.	aqua.	12	27	d	S. John Evan.
18	b	Ember weeke	aqua.	25	28	e	Innocents.
19	c	Geneff.	pisc.	7	29	f	
20	d	Fast	pisc.	19	30	g	
21	e	S. Tho. Apo.	aries	1	31	a	
22	f	4 Sun ad. Adv.	aries	13	1	b	January. 1640
23	g	30. Martyrs	aries	25	2	c	
24	a	Fast	tau.	7	3	d	
25	b	Christmas day	tau.	19	4	e	
26	c	S. Stephen.	gem.	1	5	f	○ Full moone
27	d	S. John Evan.	gem.	14	6	g	the 30. day, 44
28	e	Innocents.	gem.	27	7	a	min. past 2 in
29	f	Thom. Bec.	can.	10	8	b	the morning.
30	g	Iames Trans.	can.	23	9	c	
31	a	Silvester.	leo.	7	10	d	

Neve. 1639.

A Prognostication, serving for the yeere of our Lord God and Saviour *Iesus Christ*, 1639.

Wherein you may observe the grounds of the alteration and condition of the 4 Quarters of this yeere: As also the disposition of the Ayre, for each severall moneth, according to the inclination of the Cœlestiall bodies, with the change of the Moone, her full, and quarters, and the time of the Eclipses, and other necessary observations, convenient in such a Worke to be noted.

Calculated, and especially referred, to the Longitude and Elevation of the Pole Article of the ancient and famous Citie of *Norwich*, and may *serve for all England.*

Collected and published by John Neve, *Gent.*

Imprinted at *London* for the Company of *Stationers*. 1639.

A necessary Rule, for the beginning and ending of the 4 Termes, with their Returnes.

Hillarie Terme begins *Ianuary* 23. and endeth *Febr.* 12. and hath 4 Returnes.

Octab. Hilar.	Ian. 20	Craſt. Purif.	Feb. 3
Quind. Hilar.	Ian. 27	Octab. Purif.	Feb. 9

Easter Terme begins *May* 1. and endeth *May* 27. and hath 5 Returnes.

Quind. Paſch.	Apr. 28	Quinq; Paſch.	May 19
Tres Paſch.	May 5		
Menſe Paſch.	May 12	Craſt. Aſcen.	May 24

Trinitie Terme begins *June* 14. and endeth *July* 3. and hath 4. Returnes.

Craſt. Trin.	Iune 10	Quind. Trin.	Iune 23
Octab. Trin.	Iune 16	Tres Trin.	Iune 30

Michaelmas Terme begins *October* 9. and endeth *Nouember* 28. and hath 8 Returnes.

Octab. Mich.	Octob. 6	Craſt. Anim.	Nov. 3
Quind. Mich.	Octo. 13	Craſt. Mart.	Nov. 12
Tres Mich.	Octo. 20	Octab. Mart.	Nov. 18
Menſe Mich.	Octo. 27	Quind. Mart.	Nov. 25

Note that the Exchequer openeth 8 dayes before any Terme begins, except *Trinitie* Terme, in which it openeth 4 dayes before.

On theſe dayes following, the Iudges ſit not at *Weſtminſter*.

In { *Hillarie* / *Easter* / *Trinitie* / *Micha.* } Terme on { *Candlemas* / *Aſcention* / *Midſummer* / *Alholland* } Day.

Certaine

Certaine profitable Rules and briefe obſervations concerning Husbandry.

The beſt time to ſowe all kinde of Corne, is when the Moone goeth her courſe in Cancer.

The beſt time to plant and graft, when the Moone is in a fixed ſigne, eſpecially in Taurus, or Aquarius, and in the increaſe of the Moone, which is betweene the change and the full.

To ſet and ſowe all kinde of Seedes, the Moone being well ſeated in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Piſces.

Fell Tymber to build withall, when the Moone is towards the laſt quarter, ſhe being then in Aquarius or Piſces.

Crop Trees, and fell Wood to burne, that the ſtock may the better and ſooner grow againe, when the Moone is in her firſt quarter.

Remove & ſet yong Trees in the laſt quarter of the Moone, in Taurus, or Capricornus, & that in the monthes of September, October, November, and February.

The beſt time to geld Cattell, the Moone being in Aries, Sagittarius, or Capricornus.

The beſt time to cut Vines, is in February or March, the Moone increaſing, in Taurus, Virgo, or Libra.

The beſt time to ſheare ſheepe, is in the increaſe of the Moone, that is, from the Change to the Full.

To cut haire, that it may the ſooner grow againe, the Moone increaſing, in Taurus, Virgo, or Libra.

To muck your land, that the weeds may not grow thereby, is in the decreaſing of the Moone, that is, from the Full to the Change.

Of the Eclipſes which ſhall happen this preſent yeere of our Lord God, 1639.

The two great Lights of Heaven will ſuffer five times the loſſe and reiection of the light that they uſually impart to the Inhabitants of the Earth;

three of the Sunne, and two of the Moone: the second Eclipse of the Sunne, shall onely be visible in our Horizon.

There will visibly appeare a small Eclipse of the Sunne, unto the view of the people which doe inhabite in the Land of great Tartaria, and in the Desert of Dovisival, upon the Lake of Kithai, from which the River Oby runneth, that separateth the Muscovites from the Tartarians; upon the 4. of January, in the reformed yeere, but on the 25 of December precedent, according to our Computation: at which time, both the great Lights shalbe conjuncted in the 13 degrees of Capricornus, not farre from the head of the Dragon, in a Signe of the earthly Triplicitie, naturally cold and drie, Feminine, Meridinall, Moveable, Nocturnall, the House of Saturne, the Exaltation of Mars, and the Fall of Iupiter; the degrees eclipsed 0, but 45 minutes.

Upon the 22 of May, according to our Computation, but after the beyond-Sea account, on the first of June, will happen to be seene in our Horizon a particle Eclipse of the Sunne; the beginning thereof, will be about 4 of the clock in the afternoone; and the ending of the said Eclipse, will be betwixt 6 and 7 of the clock at night; the Lights being conjuncted about 10 degrees in Gemini, not far from the tayle of the Dragon, in a Signe of the Ayrie Triplicitie, hot and moist, Sanguine, Masculine, of the day, Common, Occidentall, the Diurnall House of Mercurie. The totall duration of this obscuritie, will be from the beginning to the ending, 2 houres and 13 minutes. The points or degrees eclipsed 8, and 51 minutes.

There shall happen another great Eclipse of the Moone, which shall be presented to view of the people which inhabite in Persia, the East-Indies, Tartaria, China, Mexica, and the interjatent Ilands, from the longi-

longitude of 70 degrees, unto the longitude of 282 degrees, may very fitly be obſerved on the 15. of June, in the Lilian yeere, but with us in the Iulian yeere, on the 5 of the ſame moneth, the Moone being at that time about 23 degrees of Sagittarius, not far from ☊ Dragons head. The degrees eclipſed, will be 11, and 37 min. The totall continuance of this Lunarie defect, ſhalbe 3 houres, and 52 minutes.

Upon the 14 day of November, (according to our Engliſh account, but on the 24 day of the ſame month, after the Gregorian yeere) will be apparantly ſeene in the South part of the Land of Magellan, another great Eclipſe of the bright Globe of the Sun, in the longitude of 200 degrees, & in the Southern latitude of 60 deg. The degrees eclipſed, are 12, & 11 min. The whole continuance of this Eclipſe, from the beginning to the ending, will be 2 houres & 36 minutes.

There ſhall appeare another ſmall Eclipſe of the Moone, on the 29 of November, in our Iulian yeere, but according to the Lilian yeere, on the 9 of December, the Moon being in the 17 deg of Gemini, not far from the taile of the Dragon. This accidentall obſcuration of the Moon will ſhew it ſelfe unto thoſe people that are ſituated towards the Eaſt, in Tartaria, the Eaſt-Indies, China, Mexica, Peruana, & the adjacent Ilands, Ceilana, Sumatra, Iaponia, and Iava, from the longitude of 120 degrees, to the longitude of 310 degrees.

Briefe Rules and neceſſary Obſervations, concerning Bleeding, Bathing, Purging, and Sweating, according to the motions of the Moone.

When the weather is extreme hot or cold, it is not then conuenient, eyther to let blood, or to purge, unleſſe ſome great neceſſity doe require it: yet notwithſtanding, if this blood-letting be for the

Phrenesie, Apoplexie, or a continuall headache, proceeding of choler or blood, or any hot burning Feuer, or other extreme paine; a man in such a case may not tarry a chosen time, because the Patient might miscarry in the meane season: But in this foresaid case of extremitie, blood is not to be let in such quantitie as otherwise it would, if a chosen time might be expected.

The best time to let the Phlegmatick blood, is when the Moone is in Aries, or Sagittarius, the head and thighes excepted.

For the Melancholy, the Moone being in Libra, or Aquarius, the buttocks and legges excepted.

For the Cholericke, the Moone being in Cancer, Scorpio, or Pisces, the breast and feet excepted.

For the Sanguine, all the good which before is named.

In Spring time, let blood at the right side.

In Harvest time, let blood at the left side.

For Bathing.

Bathings are commonly used rather for pleasure than for profit, especially where Hot-houses are over-much haunted: but I intend not to speake of them otherwise, then to advertise those that tender their owne health, to be wary and circumspect in resorting unto them without cause, and immediately after or with such persons as be uncleane. Know that it is not good to Bath, the ☽ being in earthly signes, as in Taurus, Virgo, or Capricornus; the reason is, because they are of a cold nature; and the nature of cold is, to restraine and bind: and so the ☽ being in these signes, the pores of the body are closed and shut, so that there can be no resolution of humours and superfluities, which by bathing ought to be avoided. But in fiery signes, as when the ☽

is

is in Aries, Leo, or Sagittarius, then it is good time for Bathing, for then the body is apt to resolution; it is the nature of heat, to open and resolve.

It is best Bathing 1 or 3 dayes after the change, and the full of the ☽, for then the superfluities are ripe and ready to avoid, and disposed to flow & issue out, which is indeed the end and use of Bathing.

If any will enter into the Bath for cleanneſſe sake, let the Moone be in Libra, or Pisces.

Furthermore, if Bathing be used for health, let the party grieved learn of the wiſe Phyſician, whether his ſickneſſe hath need of moiſtning, or drying: for if it require moiſtning, as in Phthiſis, and ſuch like, then let him Bath in watry ſignes having good aſpects with Iupiter, or Venus: but if the ſickneſſe require drying, as in Paralyſie, and the like, then let him Bath, the Moone being in dery ſignes, having good aſpects of Mars and the Sun.

Alſo before you enter into any Bath, your body muſt be firſt prepared & purged, for if you goe in unpurged, peradventure you may be worſe then before.

The beſt time of the yeer to bath in, is in ſ Spring and Harveſt, & in the months of May and September.

The beſt time of the day to goe into the Bath, is one houre after the Sun-riſing at the leaſt, alwayes provided, that you walke either an houre or halfe an houre before, and have a ſtoole either by Nature or Art: you muſt cover your head well, ſo long as you be in the Bath, and beware you drinke not cold drink, although you be very thirſty, but forbeare all things that be cold, leſt when you are hot within, cold ſtrike ſuddenly into ſome principall member, and ſo hurt you.

The time of tarrying in the Bath, is commonly one houre, but it may be more or leſſe, according to the nature of the Bath, or ſickneſſe of the partie, at the diſcretion of the wiſe Phyſician.

For Purging.

In Purging, these 5. things ought to be known.
1. The humour which aboundeth.
2. The best way to avoid it.
3. The strength of the person.
4. The manner of the sickness.
5. The force & nature of the medicine.

For when these things are not considered and observed; many perilous accidents may follow, and greatly hurt the body.

Good signes for Purging generally, are Cancer, Scorpio, and Pisces.

Particularly with potions or drinks, the ☽ being in Scorpio.

Purge with Electuaries, the ☽ being in Cancer.

Purge with Pills, the ☽ being in Pisces.

Take Preparatives, the ☽ being in Gemini, Libra, or Aquarius.

Take Vomits, the ☽ being in Aries, Taurus, or Capricornus.

Take Gargarises, the ☽ being in Aries, Cancer, or Capricornus.

Take Glisters, the ☽ being in Libra, or Scorpio.

To provoke Neezings, the ☽ being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the ☽ being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractive, the ☽ being in Aries, Leo, or Sagittarius.

Good to comfort the vertue Digestive, the ☽ being in Gemini, Libra, or Aquarius.

Good to comfort the vertue Retentive, the ☽ being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the ☽ being in Cancer, Scorpio, or Pisces.

For using of Unguents or Plaisters, it is best to be applyed and used, when the ☽ is in that signe

which governeth the same member or part of the body, to which it is applyable.

For Sweatings.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall, so they are used for two ends and purposes: The naturall Sweat, if good heed be taken, in opening of the pores will dissolve grosse and thicke humours, will cleanse the blood, will comfort the spirits, will put away cold, will consume raw humours, qualifie and quench raging Fevers, will helpe numbnesse, and the Dropsie. The artificiall Sweat, will cleanse scabs, put away itch, amend dulnesse in hearing, ease the Stone, resolve congealed and cold melancholy blood and humours. But for the better performing, and effectuall working in these causes, the counsell of the learned Physician is to be desired and used.

The best and meetest signes to sweat in, are Leo, Aries, & Sagitarius, and that two or three dayes after the change, and at the full of the Moone.

And note, that sweating is better to be done in the evening then in the morning; for when the body hath nourishment within, the spirits shall not be drawne utterly forth, to the extreme parts.

Note further, that leane folkes, and dry or feeble persons, must sweat little, for it will hurt them much: but fat folkes may sweat well, and it will doe them much good.

A brief Description of the foure Quarters of this yeere of our Lord God, 1639.

Of Winter.

WInter, (which is the chiefest capitall foe for the Spring, the disgrace of Summer, and the deep devourer of the fruitfull Harvest) began to take his effects according to our usuall computation, the 12 of De-

December, in the yeere afore-going, at ỹ first entrance of the Sun into ỹ first min. of the sign Capricorne, at which time ỹ Sun shalbe at his greatest South declination from the Equinoctiall line, so that he riseth South-east, & setteth South-west. Now is ỹ Hiemal or Winter Solstice, for ỹ Sun is so far remoued from our Zenith or verticall point, ỹ he cannot decline any further, & stands at a stop or stay, & then is the shortest day & longest night in the yeere: and so this Quarter doth continue, vntill the 11 of March next following. This season is by nature cold and moist; vnpleasant for the most part to trauellers, either by land or sea, and vnto aged persons it is very combrous and noysome, causing superfluity of rawnesse, and abundance of cold moistnesse to ouerflow their bodies, to their great troubles and disquietnesse.

The diseases engendred of phlegmaticke matter, and of cold humours, will this quarter afflict diuers persons, as Quotidian Fevers, Dropsies, Palsies, Gouts, Coughs, Sciatica's, Crampes, Rheumes, and such cold diseases, as are answerable to the condition of the season.

Thus will the Starres, if God assent,
Whose Power alone can all prevent.

Of the Spring.

The Sun (which is the eye of the world, the fountain of Light, & the chiefe moderator of all the rest of the Lights) hath like a Giant run his race, & finished his Reuolution (Gradatim) throughout ỹ 12 Signes, and now beginneth his journey afresh again, & goeth an euen course, & so becomes an indifferent Arbiter betweene the day & the night, & maketh an equality throughout his whole gouernment, to the great ioy & comfort of all his reuiued Subjects, cheering with his splendant countenance, ỹ poor afflicted weather-worne weeds of this our dark Starre of mortalitie (which

(which the darkned countenance of Winters extremity had almost suppued) with his excellēt presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing Livery of fresh Flora.

This season is by nature hot & moist, the most temperate time of all the yeere, & the least breeder of sicknesse & doth procure death, & a very convenient time for the removing of sicknesses & griefs gotten before, and also to avoid & prevent those that are to come; for now the dull senses & spirits of man & other creatures, are quickned & revived, & therefore the humors which do abound, & are readiest to represse nature, are fit to be emptied & avoided, whether by blood letting, purging, or otherwise, as the learned Physician shal advise, & as the cause of the disease shal require: such therefore as be diseased, let them not neglect this time.

Griefes and diseases incident unto this Quarter, are Tertian fevers, paine in the head, small Pox, and Measels, Squinancies, Pushes, Itchings, yellow Iaundise, with many other diseases, which the Lord keepe us from.

Infections from the Starres may fall,
But one above doth stay them all.

Of Summer.

Summer, the third part of our vulgar yeere according to our usuall computation, now when the Sun hath fully determined the Spring time with his last grade of Gemini, & hath moved in his motion to the highest point of his course, namely to ☌ first degree of Cancer, which shalbe this yere on the 11 of Iune. Now is the second Solstice of the yere, called the Estivall or Summer Solstice: for even as ☉ Sun, whē he entreth into Capricorn, hath his greatest South declination from ☌ Equinoctial Line; so now at his ingresse into the beginning of Cancer, he hath his greatest declination towards ☌ North, frō ☌ said Equinoctiall Line:

and

and then, as at ye time of Winter Solstice, he was so far removed frō our Verticall point, that he could move no further towards ye South, & was therefore to approach againe towards our North Latitude, at which time he seemeth to stand; so now being come so neere our Zenith, he can remove no further towards the North, and is therefore to revert again to ye South Latitude. At the first going from us, he seemeth also to stand; insomuch, that even as before at his returne towards us againe, he made with us the shortest day and longest night in the yeer; so now at his returne from us, he maketh with us contrariwise, the longest day and shortest night in the yeere: and afterwards decreeth more and more from us, like as before he moved more towards us.

This season according to his proper nature, is hot & dry, turning the humours of mens bodies into hotnesse & dryenesse, resembling the element of fire, & complexion of Choler, bringing all Fruits to their ripenesse, Cattell to their fatnesse, & men to their wealth.

The infirmities subject to this quarter, are many, Cholerick Vomitings, Fluxes, hot Fevers, Inflamations, Stranguries, Phrensies, and such other distemperatures.

Though Starres incline to worke us ill,
All shall be as the Maker will.

Of Autumne.

Autumne, according to our accustomed computation the last quarter of this yere, beginneth at ye Suns departure frō the last scruple of Virgo, into ye first deg. of ye second equinoctiall signe Libra, the which will be this yeere on the 13 day of September, the day & night being of an equall length, as in the Spring; at which time, as ye Autumnall equinoctiall: for even as at the Suns entrance into Aries, the day by increasing frō the Winter Solstice till then, came to be equall with

the

the night, going on ſtill more & more till ꝯ Summer Solſtice, when was the longeſt day & ſhorteſt night; ſo now the night by increaſing frō the Eſtivall Solſtice to this the Suns ingredience into Libra, hath got to be equall with the day, and ſhall encreaſe more and more, till the Brumall Solſtice come againe, when the night is longeſt and the day ſhorteſt.

This time of the yeere is of it ſelfe unconſtant and variable, warm in the day time, and cold in the night. This quarter, becauſe of ꝯ inequality of tẽperature, may, as Hippocrates ſaith, be called ꝯ mother or nurſe of deadly ſicknesſes. And Galen ſaith, that this time of the yere is very dangerous for taking ſicknesſes.

Diſeaſes moſt like to rule this ſeaſon, will be long lingering melancholy Fevers, Jaundiſe, Goutes, Conſumptions, Collicks, ſuppreſſion of Urine, ſurfettings, obſtructions, falling ſickneſſe, & many other Diſeaſes, proceeding of Melancholy.

Thus every Planet in his kind,
Is to performe the Almighties mind.

A Declaration of the inclination and diſpoſition of the Winds and Weather, according to the divers motions and influences of the erraticall and fixed Starres: with the day, houre, and minute of the change of the Moon, her full and quarters; and alſo of the riſing and ſetting of the Sun, in every 7 day of every moneth of this preſent yeere of our Lord God, 1639.

Of January.

Day.	The Sun riſeth	The Sun ſetteth
1	hou. 8. and 3 min.	hou. 3. and 57 min.
7	hou. 7. and 56 min.	hou. 4. and 4 min.
14	hou. 7. and 46 min.	hou. 4. and 14 min.
21	hou. 7. and 34 min.	hou. 4. and 26 min.
28	hou. 7. and 23 min.	hou. 4. and 37 min.

First quarter the 2 day, 53 min. after 9 of the clock in the forenoone, ſome fall of moiſture.

Full

Full Moone the 9. day, 18 min. after 1 of the clock in the afternoone, windie stormie weather.

Last quarter the 16 day, 48 min. after 5 of the clock in the morning, some snow or raine.

New Moone the 23 day, about 11 of the clock at night, winterly weather.

Januaries Abstract.

In this moneth let not blood, neither use but little Physick, except necessity constrain thee, & beware of taking cold: for in this moneth thewmes & flegme doe much increase: to fast long is hurtfull; but to drink white wine fasting, is very wholsome: use meates ♄ are naturally hot moderately, & weare warm clothes.

In worldly bullnes this month, you may set al kind of cõmon Fruit-trees or Plants, as Peares, Plum, Cherry, Filberd, Walnut, & such like; Hawthorne, & all sorts of Nurserets, Trees or Plants, are fittest to be generally set, from the change to ♄ first quarter.

Take away mosse & superfluous branches frõ your trees, & set Beanes, Pease, Parsnips, Radish, Leeks, Garlick, Turneps, & Onions, if the weather be mild & the ☽ past the full. You may begin to graft at ♄ end of this month, the ☽ increasing. Good husbands crop their trees, fell timber, & geld cattell, such as are to be gelded, the state of the ☽ alwayes considered.

Of February.

Day.	The Sun riseth	The Sun setteth
1	hou. 7. and 13 min.	hou. 4. and 47 min.
7	hou. 7. and 4 min.	hou. 4. and 56 min.
14	hou. 6. and 50 min.	hou. 5. and 10 min.
21	hou. 6. and 34 min.	hou. 5. and 26 min.
28	hou. 6. and 22 min.	hou. 5. and 38 min.

First quarter the first day, 39 min. after 3 of the clock in the morning, windie and unconstant.

Full Moone the 8 day, about one of the clock in the morning, winterly weather.

Last quarter the 14 day, 51 min. after 5 of the clock at night, answerable to the time.

New

New Moone the 22 day, about 6 of the clock at night, some over-casting clouds for moisture.

Februaries Abstract.

In this month, all slimy fish, Milk, Rice, & such like, that appilate or stop ye liver & veines, or thicken the blood, are to be eschewed as enemies to health: also forbear Physick & letting of blood, except necessity do urge, & learned counsell advise you; beware of taking cold, for now are Agues apt to be taken, & it is very ill to take heats, & afterward sudden cold upon them.

Now is the most apt time to graft, plant, & set all kind of trees & bushes, the wind, weather, & age of the Moone considered. Peale, Beanes, Hastings, Onyons, Parsnips, and such like, as in January, may very fitly be set in the waue of the Moone. The time is now to trim up Gardens, to set and sowe all kind of Kitchin herbs, to set Slips, sowe Kerneis, Mustard-seed, Oates, set Hops, cut Vines, and prune them, stick up your Rouncivall Peale, and Hastings.

Of March

Day.	The Sun riseth	The Sun setteth
1	hou. 6. and 20 min.	hou. 5. and 40 min.
7	hou. 6. and 8 min.	hou. 5. and 52 min.
14	hou. 5. and 54 min.	hou. 6. and 6 min.
21	hou. 5. and 40 min.	hou. 6. and 20 min.
28	hou. 5. and 16 min.	hou. 6. and 44 min.

First quarter the 2 day, 45 min. after 5 of the clock in the afternoone, seasonable and temperate.

Full Moone the 9 day, 49 min. after 9 of the clock in the forenoone, somewhat cloudy.

Last quarter the 16 day, about 8 of the clock in the morning, windie and unconstant.

New Moone the 24 day, 46 min. after 11 of the clock in the forenoone, reasonable faire.

Marches Abstract.

In this month, the humors of mans body begin to increase; & now grosse feeding breedeth grosse blood & grosse humors, & therfore use meats of good digestion

and

and such as breed good iuice: it is good time to purge and clarifie ỹ blood, by Potions, Bathings, & blood-letting, or such other wayes as the learned Phyſician shall appoint, & as the cause of ỹ disease shall require: also sweet meates and drinkes are commendable.

The time of grafting as yet endureth, together with setting, sowing, proining & plashing of Vines and Hops Willow, Oates, Peaſe, Onyons, Parſnips, and such like.

Of April.

Day.	The Sun riseth	The Sun setteth
1	hou. 5. and 18 min.	hou. 6. and 42 min.
7	hou. 5. and 6 min.	hou. 6. and 54 min.
14	hou. 4. and 54 min.	hou. 7. and 6 min.
21	hou. 4. and 39 min.	hou. 7. and 21 min.
28	hou. 4. and 29 min.	hou. 7. and 31 min.

First quarter the first day, about 4 of the clock in the morning, some Aprill showers.

Full Moone the 7 day, 50 min. after 6 of the clock at night, fitting the time.

Last quarter the 14 day, about midnight, somewhat windie and uncertaine.

New Moone the 23 day, 54 min. after 2 of the clock in the morning, some storme to be expected.

First quarter the 30 day, 10 min. after 11 of the clock in the forenoone, reasonable weather.

Aprils Abstract.

In this moneth of April, the pores of mans body are opened, and are apt to receiue Phyſick; and they ỹ refuse the same now, I commit them to the benefit of Nature, for of all times of the yeere, this is the best time to prevent causes of sicknesses, or for speedy remedie in extremities, for now Nature doth renew strength through all the body: So where sicknesse happeneth, she soone unburdeneth, by meanes of Phyſicke: Wherefore, what it cannot doe now, will hardly be done hereafter, therefore take time whilst time is, &c.

In

As yet you may graft, and proyne Vines, and also set Melons, Cowcumbers, Citrons, Hartichokes, and pole Hops, sowe Barly, Tanners apply themselves to barking of Trees.

Of May.

May.	The Sun riseth	The Sun setteth
1	hou. 4. and 23 min.	hou. 7. and 37. min.
7	hou. 4. and 15 min.	hou. 7. and 45. min.
14	hou. 4. and 5. min.	hou. 7. and 55 min.
21	hou. 3. and 56 min.	hou. 8. and 6 min.
28	hou. 3. and 50 min.	hou. 8. and 10 min.

Full Moone the 7 day, 54 min. after 3 of the clock in the morning, faire and pleasant.

Last quarter the 14 day, 55 min. after 4 of the clock in the afternoone, overcasting clouds for moisture.

New Moone the 22 day, 49 min. after 3 of the clock in the afternoone, apt for the season.

First quarter the 29 day, 13 min. after 4 of the clock in the afternoone, cloudy and unconstant.

Mayes Abstract.

In this moneth rise early, for May doth not love any sluggards; and let such as be in health, and able, walke into the fields, and eat and drinke betimes, is good & wholesome; abstaine from all meates that be of a hot nature: and such as be sick, it is a very good time of the yeere to be let bloud, or to take Physick. Such as be whole, God keepe them in health; and such as be sicke, God send them good Physicians. The time is now fitting to sowe Bazill, Marierom, and such fine seedes, as before might not be sowne, because of the coldnesse of the weather: Set Sage according to the Proverb; Set Sage in May, and it will last alway: sowe Flax and Hempe, set Hartichokes, weede your Hops and Gardens, see to your Grafts, that no superfluous branches trouble them. May-Dew, Rosemarie flowers, and Beane flowers, may

at your pleasure be distilled this moneth; and now also have a care of watching your Bees.

Of Iune.

Day.	The Sun riseth	The Sun setteth
1	hou. 3. and 49 min.	hou. 8. and 11 min.
7	hou. 3. and 46 min.	hou. 8. and 14 min.
14	hou. 3. and 47 min.	hou. 8. and 13 min.
21	hou. 3. and 49 min.	hou. 8. and 11 min.
28	hou. 3. and 52 min.	hou. 8. and 8 min.

Full Moone the 5 day, 8 min. after 2 of the clock in the afternoone, windie and faire.

Last quarter the 13 day, 12 min. after 10 of the clock in the forenoone, somewhat unconstant.

New Moone the 21 day, 35 min. after 2 of the clock in the morning, some fall of moisture.

First quarter the 27 day, 52 min. after 8 of the clock at night, fitting the season.

Iunes Abstract.

In this moneth if thou must needes use Physick, take it early in ye morning, that it may have wrought before the heat of the day, and use a light & thin diet, for the stomack is not able to digest, as in Winter and some other former moneths; it is very good and convenient for some, to drink clarified Whay, boyled with cold hearbs, & to abstaine from violent exercise.

Distilling of Roses, making of Sirrups and Conserves, are now in prime; now gather such hearbs as you meane to keepe all the yeere, but be sure you drie them in the shade well. Good Husbands & Huswives are now weeding their Corne & Gardens, & others shearing their Sheepe: the time serves to set Rosemarie & Gilloflowers. Take heed of cutting Hedge, or Trees, or Hearbs, with Knife, but rather gather them with your fingers; now you may set Saffron, carry out Compost, make Hay, rid Gardens of Snayles, Ants, or Pismires.

Of

Of Iuly.

Day.	The Sun riseth	The Sun setteth
1	hou. 3. and 54 min.	hou. 8. and 6 min.
7	hou. 3. and 59 min.	hou. 8. and 1 min.
14	hou. 4. and 7 min.	hou. 7. and 53 min.
21	hou. 4. and 20 min.	hou. 7. and 40 min.
28	hou. 4. and 30 min.	hou. 7. and 30 min.

Full Moone on the 5 day, 41 min. after one of the clock in the morning, ſoultry hot weather.

Laſt quarter the 13 day, about 3 of the clock in the morning, fitting the time.

New Moone the 20 day, 27 min. after 11 of the clock in the forenoone, ſomewhat windie.

Firſt quarter the 27 day, 24 min. after 2 of the clock in the morning, inclined to moiſture.

Iulies Abſtract.

In this moneth, uſe cold hearbs and cold meats, abſtaine from Phyſicke; and now the Rivers are more wholeſome then the Bathes: let the Sunne be up, before you walke abroad. In the time of any Plague or Peſtilence, keepe your Chamber-windowes ſhut, opening them when the Sunne hath force of ſhining; and be ſure to perfume your Chambers every Morning with Tarre, put on a Chafingdiſh of Coales, then which, nothing is better, and uſe Carduus Benedictus boyled, and drunke faſting.

Hay-Harveſt now calleth ſlacke Husbands to worke; and ſuch as have leiſure, it is good to fallow for Wheat, and to carry out ſoyle, and to gather ſeedes and flowers, to keepe all the yeere, and to drie them in the ſhade till they be almoſt drie, and then ſet them a while in the Sunne, and in like manner may you uſe your hearbes.

Of August.

Day.	The Sun riseth	The Sun setteth
1	hou. 4. and 36 min.	hou. 7. and 24 min.
7	hou. 4. and 48 min.	hou. 7. and 12 min.
14	hou. 5. and 0 min.	hou. 7. and 0 min.
21	hou. 5. and 16 min.	hou. 6. and 44 min.
28	hou. 5. and 27 min.	hou. 6. and 33 min.

Full Moone the 3 day, 9 min. after 3 of the clock in the afternoone, faire and temperate.

Last quarter the 11 day, 52 min. after 6 of the clock at night, hot weather.

New Moone the 18 day, 22 min. after 7 of the clock at night, enclined to moisture.

First quarter the 25 day, 35 min. after 10 of the clock in the fore-noone, apt for the time.

Augusts Abstract.

In August, moderate dyet is good Phyllick, for now it is very dangerous to surfet, & to take heed of heats & then of colds, for nothing sooner engendreth Pluresies. And use not to sleepe much, & especially after noone, for making oppilations, & for avoiding of Agues, & the headach, & Catharres. And now let a man abstain frō Phyllick, except great necessity do cōpell. Now Lady Ceres looks to have men enow to attend her. They ꝑ would have good seeds for their Garden the next yeere, must now gather of their owne, lest in buying they lose their labour & their mony. And such as desire to have Lettice or other hearbs for Winter, may sowe seedes in the encrease of the Moone.

Of September.

Day.	The Sun riseth	The Sun setteth
1	hou. 5. and 34 min.	hou. 6. and 26 min.
7	hou. 5. and 46 min.	hou. 6. and 14 min.
14	hou. 6. and 2 min.	hou. 5. and 58 min.
21	hou. 6. and 14 min.	hou. 5. and 46 min.
28	hou. 6. and 28 min.	hou. 5. and 32 min.

Full

Full Moone the 2 day, 36 min. after 6 of the clock in the morning, some overcasting clouds for raine.

Last quarter the 10 day, about 9 of the clock in the morning, reasonable faire.

New Moone the 17 day, 25 min. after 3 of the clock in the morning, fitting the season.

First quarter the 23 day, about 10 of the clock at night, some fall of moisture.

Septembers Abstract.

In this moneth, such as have need may safely take Physick, & also may Bath & Bleed. In this moneth, all things are in their proper nature & vertue; and such fruits as are ripe, and not infected, are good to eate, for such as have good stomaches. The time is good to make Conserve of Barberies & Quinces; Winter hearbs must be now sowne; likewise is the time to set Hartichokes, Rose trees, Apple trees, Peares, Wardens, Strawberies, Violets, Gilloflowers; Apples are to be gathered at the full of the Moone: sowe Parsnips, and in drie weather gather your Hoppes: good Husbandry, is sowing of Rye, and Wheat; good Huswifery, is making of Verjuice, and plucking of Hempe.

Of October.

Day.	The Sun riseth	The Sun setteth
1	hou. 6. and 34 min.	hou. 5. and 26 min.
7	hou. 6. and 46 min.	hou. 5. and 14 min.
14	hou. 7. and 0 min.	hou. 5. and 0 min.
21	hou. 7. and 15 min.	hou. 4. and 45 min.
28	hou. 7. and 26 min.	hou. 4. and 34 min.

Full Moone the first day, 44 min. after 11 of the clock at night, faire and temperate.

Last quarter the 9 day, about 9 of the clock at night, windie and wet weather.

New Moone the 16 day, 27 min. after high noone, stormie rainie weather.

First

First quarter the 23 day, 15 min. after one of the clock in the afternoone, lokkie winds.

Full Moone the 31 day, 29 min. after 5 of the clock at night, ouer-casting clouds for raine.

Octobers Abstract.

In this month thou mayest take Physick, and also Bath, if occasion serue; use hot meats & drinks, & use good wholesome Wines, to nourish good bloud. And beware of taking cold, because the Quartane Ague will be apt to be taken, & such other ill diseases. Remoue young trees, as Apples, Peares, Quinces, Roses, &c. set Pease, Parsnips, &c. Good Husbands need not be hasted to sowing of Wheat, set Nuts, Acorns, and Filberds, and doing of such good Husbandry.

Of November.

Day.	The Sun riseth	The Sun setteth
1	hou. 7. and 33 min.	hou. 4. and 27 min.
7	hou. 7. and 42 min.	hou. 4. and 18 min.
14	hou. 7. and 52 min.	hou. 4. and 8 min.
21	hou. 8. and 3 min.	hou. 3. and 57 min.
28	hou. 8. and 9 min.	hou. 3. and 51 min.

Last quarter the 8 day, 17 min. after 7 of the clock in the morning, inclined to moisture.

New Moone the 14 day, 18 min. after 11 of the clock at night, some snow or rainie moisture.

First quarter the 22 day, about 8 of the clock in the morning, ouer-casting clouds.

Full Moone the 30 day, 12 min. after 11 of the clock in the fore-noone, winterly weather.

Novembers Abstract.

In November finish the Physick ye mean to take, and so rest till March, except some great necessity doe constraine you; use good meats & wholsome Wine, to nourish thy bloud; prouide thee warme clothing, & go dry on thy feet, or else make sure account of Rheume & Pose, besides some other inconvenience yt will ensue.

Beware

Beware of the Hot-house this moneth, & use Vernuie & Cinamon in drinke. In the new of the Moone you may remove young trees, as in the last moneth, & set Crab-tree stocks, to graft on, when you please. It is good time, in the wane of the Moone, to set Peale, Beanes; and if the weather be not too hard, it is good sowing of Parsnips, good making of Mault, and killing of Beeves and Swine.

Of December.

Day.	The Sun riseth	The Sun setteth
1	hou. 8. and 12 min.	hou. 3. and 48 min.
7	hou. 8. and 14 min.	hou. 3. and 46 min.
14	hou. 8. and 15 min.	hou. 3. and 45 min.
21	hou. 8. and 12 min.	hou. 3. and 48 min.
28	hou. 8. and 7 min.	hou. 3. and 53 min.

Last quarter the 7 day, about 4 of the cloche at night, windy and cloudy.

New Moone the 14 day about high noone, winterly weather.

First quarter the 22 day, 31 min. after 5 of the clock in the morning, fitting the season.

Full Moone the 30 day, 44 min. after 2 of the clock in the morning, some fall of moisture.

Decembers Abstract.

In this moneth of December, keep thy body & head from cold, and eat such meats as be of a hot qualitie; abstaine from Physick, & let thy Kitchin be thy Apothecary, warme clothing thy Nurse, merry company thy Keepers, and good Hospitalitie thy exercise.

Remove Trees and Bushes, if the weather prove not too extreme. In the wane of the Moone, set Beanes, Peale, and those hearbs that cannot endure the cold, cover them with Straw from the Frost and Snow.

Soli sapienti Deo, sola gloria.

FINIS.

An Abſtract of a direction, concerning *Reall Contracts.*

WHoſoever ſhall deſire to purchaſe, or put to Sale, to take in Leaſe, or let to Farme, to Grant, Aſſigne, Exchange, or otherwiſe to Contract, or deale, with or for any Lands, Leaſes, Rents, Annuities, Manſion-houſes, Offices ſaleable, or other Eſtates, of what yeerely value ſoever, or to ſave any ſuch from danger of Forfeiture, through the want of preſent money: May either in their owne names, or in the name of any other truſted by them, have ſecure meanes, with all privacie requiſite, for the ſpeedie effecting what ſhall be deſired in any the Caſes aforeſaid, or the like: At the Porch-houſe againſt St. *Andrewes* Church in Holborne, *London.*

God ſave our gracious King CHARLES.